AH 1200 Sec.003 Introduction to Wa Shin Ryu Jujutsu Midterm take-home assignment

Name: _____

Instructions: Please fill out the following information as completely as possible. You may refer to our online information at http://www.wsrjj.org.

What does Wa Shin Ryu translate to?

What is the four fold path?

List at least three influences on the creation of WSR Jujutsu:

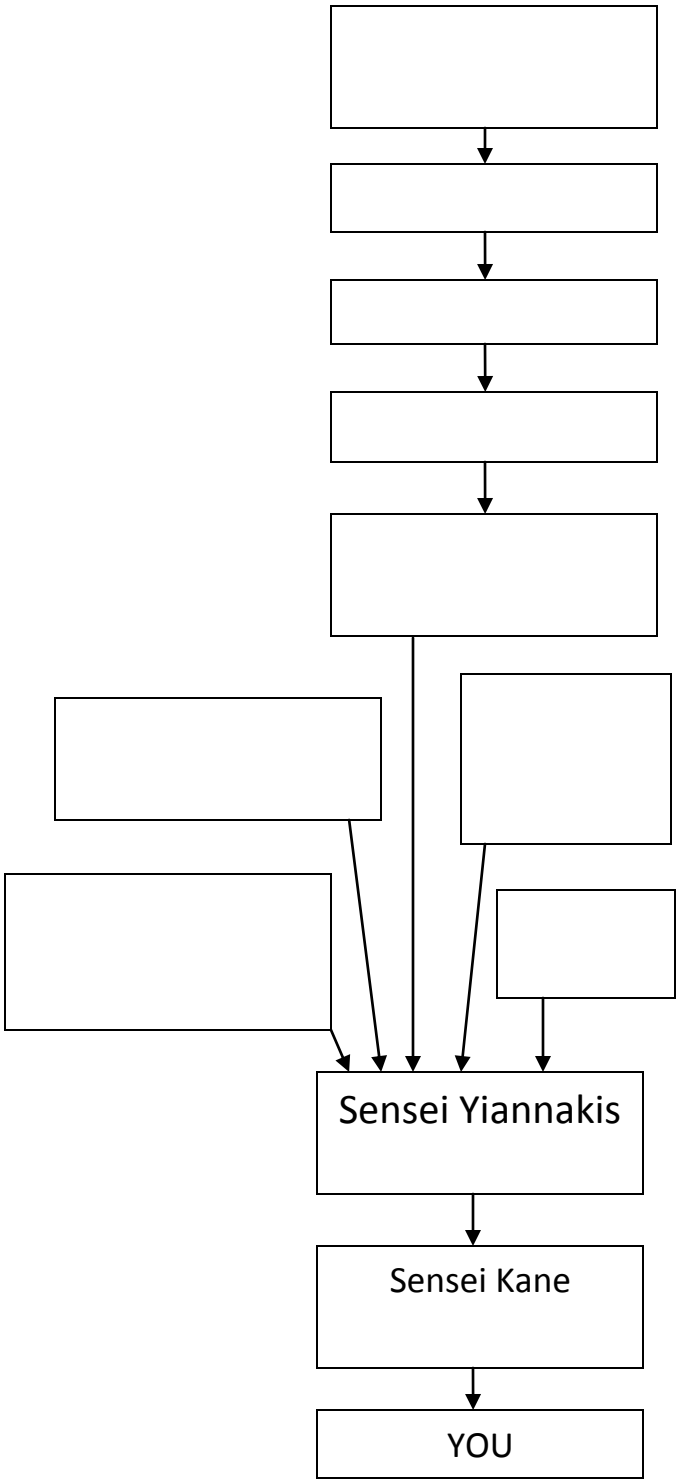
List at least five domains of WSR:

List the four meditation techniques:

List five of the guiding principles:

List the three domains of empowerment:

List the seven system principles:

Write out the words for counting one through ten in Japanese:

Fill out this lineage chart: