**AH 1200 Sec.003 Introduction to Wa Shin Ryu Jujutsu Midterm take-home assignment**

Name:

Instructions: Please fill out the following information as completely as possible. You may refer to our online information at [http://www.wsrjj.org.](http://www.wsrjj.org/)

What does Wa Shin Ryu translate to?



Sensei Yiannakis

What is the four fold path?

List at least three influences on the creation of WSR Jujutsu:

List at least five domains of WSR:

List the four meditation techniques:

List five of the guiding principles:

List the three domains of empowerment:

List the seven system principles:

Write out the words for counting one through ten in Japanese:



Fill out this lineage chart:





Sensei Kane

YOU